

LOCATION CHEMISTRY SCORECARD — IMMERSE-U Lite

City / Region _____ Date _____

Part & Pillar	Test #	Test Name	Quick Self-Check Question	Score (1-5)	Field Notes / Observations
PERSONAL-PLACE ALIGNMENT					
	1	Values Resonance	Do local norms & incentives reflect my core values?		
	2	Social-Energy Match	Does the ambient pace & social energy recharge me or drain me?		
Subtotal (out of 10)				/10	
ADAPTATION FOUNDATIONS					
	3	Professional & Creative Ecosystem	Can I reliably <i>thrive</i> in my work or creative pursuits here?		
	4	Sensory Environment	Do daily sights, sounds, air & light support my well-being?		
	5	Daily Logistics Friction	Are basics - transport, groceries, housing, admin - smooth or stressful?		
Subtotal (out of 15)				/15	
CONNECTION, GROWTH, & RENEWAL					
	6	Community & Social Support	How quickly can I build genuine friendships & a support network?		
	7	Growth Catalysts	Does the place spark learning, curiosity & personal evolution?		
	8	Recovery Resources	Are there easy, effective ways to recharge (nature, healthcare, quiet)?		
Subtotal (out of 15)				/15	
GRAND TOTAL (max 40):				/40	



Print or save a copy for each city you're considering and build a side-by-side comparison.

Download extra copies: aspiringexpats.com/locationchemistry

How to Use This Scorecard

1. For each test, circle or write a score from **1 ("Miss")** to **5 ("Bullseye")**.
2. Jot quick notes or observations while you're on-site or researching.
3. Add the two subtotals for each part, then compute your **Grand Total / 40**.
4. Compare patterns, not just totals - low scores highlight areas to probe deeper or plan mitigations.

Scoring Legend

- **1** = Deal-breaker / Serious mismatch
- **2** = Weak fit, major compromises required
- **3** = Adequate; workable with effort
- **4** = Strong alignment
- **5** = Perfect bullseye

Quick Reference Hints

	• Values Resonance:	social policies, what's celebrated in local media, civic culture, visible activism.
	• Social-Energy Match:	crowd density, noise levels, typical daily schedule, spontaneity vs. planning culture.
	• Professional & Creative Ecosystem:	internet speed, co-working density, industry clusters, visa/permit ease, creative scenes.
	• Sensory Environment:	natural light, greenery, air quality index, color palette, tactile textures.
	• Daily Logistics Friction:	transit apps, grocery variety, landlord reviews, bureaucracy wait times.
	• Community & Social Support:	meet-ups, language exchanges, parents' groups, faith communities, expat/local mix.
	• Growth Catalysts:	workshops, lectures, cultural festivals, outdoor challenges, intellectual hubs.
	• Recovery Resources:	parks, beaches, gyms, healthcare proximity, mental-health resources, quiet zones.

