

# LOCATION CHEMISTRY SCORECARD — IMMERSE-U Lite

City / Region \_\_\_\_\_ Date \_\_\_\_\_

Part & Pillar	Test #	Test Name	Quick Self-Check Question	Score (1-5)	Field Notes / Observations
<b>PERSONAL-PLACE ALIGNMENT</b>					
	1	<b>Values Resonance</b>	Do local norms & incentives reflect my core values?		
	2	<b>Social-Energy Match</b>	Does the ambient pace & social energy recharge me or drain me?		
<b>Subtotal (out of 10)</b>				____ /10	
<b>ADAPTATION FOUNDATIONS</b>					
	3	<b>Professional &amp; Creative Ecosystem</b>	Can I reliably <i>thrive</i> in my work or creative pursuits here?		
	4	<b>Sensory Environment</b>	Do daily sights, sounds, air & light support my well-being?		
	5	<b>Daily Logistics Friction</b>	Are basics - transport, groceries, housing, admin - smooth or stressful?		
<b>Subtotal (out of 15)</b>				____ /15	
<b>CONNECTION, GROWTH, &amp; RENEWAL</b>					
	6	<b>Community &amp; Social Support</b>	How quickly can I build genuine friendships & a support network?		
	7	<b>Growth Catalysts</b>	Does the place spark learning, curiosity & personal evolution?		
	8	<b>Recovery Resources</b>	Are there easy, effective ways to recharge (nature, healthcare, quiet)?		
<b>Subtotal (out of 15)</b>				____ /15	
<b>GRAND TOTAL (max 40):</b>				____ /40	



Print or save a copy for each city you're considering and build a side-by-side comparison.

Download extra copies: [aspiringexpats.com/locationchemistry](https://aspiringexpats.com/locationchemistry)









## How to Use This Scorecard

1. For each test, circle or write a score from **1 ("Miss")** to **5 ("Bullseye")**.
2. Jot quick notes or observations while you're on-site or researching.
3. Add the two subtotals for each part, then compute your **Grand Total / 40**.
4. Compare patterns, not just totals - low scores highlight areas to probe deeper or plan mitigations.

## Scoring Legend

- **1** = Deal-breaker / Serious mismatch
- **2** = Weak fit, major compromises required
- **3** = Adequate; workable with effort
- **4** = Strong alignment
- **5** = Perfect bullseye

## Quick Reference Hints

 • <b>Values Resonance:</b>	social policies, what's celebrated in local media, civic culture, visible activism.
 • <b>Social-Energy Match:</b>	crowd density, noise levels, typical daily schedule, spontaneity vs. planning culture.
 • <b>Professional &amp; Creative Ecosystem:</b>	internet speed, co-working density, industry clusters, visa/permit ease, creative scenes.
 • <b>Sensory Environment:</b>	natural light, greenery, air quality index, color palette, tactile textures.
 • <b>Daily Logistics Friction:</b>	transit apps, grocery variety, landlord reviews, bureaucracy wait times.
 • <b>Community &amp; Social Support:</b>	meet-ups, language exchanges, parents' groups, faith communities, expat/local mix.
 • <b>Growth Catalysts:</b>	workshops, lectures, cultural festivals, outdoor challenges, intellectual hubs.
 • <b>Recovery Resources:</b>	parks, beaches, gyms, healthcare proximity, mental-health resources, quiet zones.